

CYCE GENERAL RACE INSTRUCTIONS

- 1. Effective Date:** These rules are effective August 24, 2013 and will remain in effect until superseded by a new issuance. Previous issues should be discarded.
- 2. Rules:** Except as specifically altered or supplemented by these instructions, the International Yacht Racing Rules, as published by the United States Yacht Racing Union shall govern all CYCE races.
- 3. Division Breaks and Starting Times:** The first division in all regular CYCE series races will start as set forth below with preparatory signals made ten minutes before as indicated in Instruction 4.

Division I 1200 hrs (Yachts rated PHRF 181 or slower)
Division II 1205 hrs (Yachts rated PHRF 180 or faster)



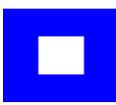
Should there be less than three boats in one division, the race committee has the option to hold one start for all divisions.

In this situation, the race committee shall hoist the Number One Pennant (shown above, white with red circle) before the ten-minute signal. The number one pennant shall remain flying during the starting sequence. All yachts shall be scored in the overall race standings.

4. Starting Sequence:

Warning: 4-6 air horn blasts approx a minute before 5 min 1st start sequence.

Preparatory 1155 hrs White (Div 1) flag up and warning sound
1156 hrs P flag up and preparatory sound
1159 hrs P flag down, and long sound
Div I Start 1200 hrs Div 1 flag removed, Blue (Div II) flag up and start sound
1201 hrs P flag up and preparatory sound
1204 hrs P flag down and long sound
Div II Start 1205 hrs Blue Div II flag down and starting sound

P Flag 

5. General Recall: In the event of a general recall, the Race



Committee will display the First Substitute Code Flag (shown at right, Blue outer, yellow inside) and fire two sounds.

The starting sequence for the division recalled and each division after it will begin with the warning signal (white flag) five minutes after the general recall. The Race Committee may hail individual yachts that start early, but it is the responsibility of each yacht to make a proper start. A yacht that starts early must exonerate herself by re-crossing the line for a proper start.

6. **Time Limits:** Any race will be cancelled if no yacht has finished the race within five hours of its' Division start. If any yacht finishes within the five your time limit, its' Division time limit will be extended by one-half hour. Yachts not finishing within the time limit will be scored DNF.

Buoy Day and Summer Series races will have a two-hour time limit with a one-half hour extension when a yacht has finished within the two-hour limit.

7. **Courses:** The numerical designation of the course to be sailed will be displayed on the Committee Boat prior to the preparatory signal for each race. The Race Committee may amend any course instruction for a given race by notifying participating yachts prior to the preparatory sequence. Course numbers refer to the mark sequence listing in the CYCE General Race Instructions.

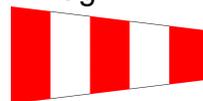
All marks shall be left to starboard or port as indicated in the course mark-sequence listings.

Boats should monitor radio channel 72 for announcement of whether the race will be held north or south of the marina.

8. **Motoring Before the Start:** All yachts must have their engines off at least 5 minutes before their division start. A yacht having used her engine may not cross the starting line for 5 minutes after the time she turned off her engine.

9. **Cancellation of Races:** Races will not be started in unsafe conditions or in sustained wind in excess of 22 knots. The decision as to cancel or start a race will be made by the Race Committee, however it shall be the sole responsibility of each skipper to decide whether or not to start or continue the race. If a race is cancelled, boats should monitor radio channel 72 for announcements.

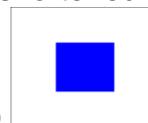
10. **Postponement:** If a race is postponed, the Postponement Flag



(shown at right, 3 red 2 blue stripes), will be displayed on the committee boat and two shots will be fired. The postponement period will end by lowering the postponement flag. The starting sequence shall then be started in usual fashion by displaying the white flag and firing one shot.

11. **Abandonment:** The Race Committee may abandon a race if it is felt that conditions are unsafe or conditions make the race unfair such as lack of wind. Three shots will be fired.

12. **Shortening the Course:** The Race Committee has the authority to shorten the race at any mark on the course. The Race Committee Boat on station at the shortened course mark shall



fly Code Flag 'S' (shown at right, white outer, blue square center) to indicate the finish mark of the race.

13. **Protests:** Protests shall be dealt with in accordance with USYRU Rules Part VI Rules 68-78. A brief summary of the procedures follows. See USYRU Rules for more details.

“Protesting yachts shall conspicuously display the red protest flag to indicate its intent to protested yacht(s). Upon finishing the race, verbal notice of the protest shall be made to the Committee Boat. A written statement of the facts and probable witnesses shall be presented to the Protest Committee (at the Committee Boat after its return from the race course), not later

than one hour after the official finish time for the race. The protested yacht is burdened to be present.”

14. Alternative Penalty (720) Rule: A yacht that may have infringed on a rule of part IV of the International Yacht Rules may exonerate herself by accepting a 720, two turns penalty by making two complete 360 degree turns in the same direction, including two tacks and two gybes, subject to the provisions in the International Yacht Racing Rules ‘Alternative Penalties-720 Degree Turns’ (Appendix 81 in the 1993-96 version).

If a yacht has infringed rule 52.1 (touched the mark), she may exonerate herself with a single 360-degree turn, sailing well clear of all other yachts.

15. Eligibility: In order to participate in CYCE races a skipper must be a member of PIYA affiliated yacht club and possess a valid PHRF handicap for the yacht being raced. A non-CYCE member wishing to participate in a maximum of one series of races per year may do so at no charge. Thereafter a non-CYCE member may participate at the rate of \$20.00 per series. All non-CYCE participants must register with the Fleet Captain prior to the beginning of a series. Those clubs that have reciprocating racing programs with CYCE may participate in all races except the Foulweather Bluff Race at no charge. Boats from these clubs must register with the Committee Boat or the Fleet Captain prior to racing.

16. Scoring: All scoring will be done on the basis of PHRF Time-on-Time system. A PHRF-NFS rating will be allowed for those yachts possessing a current PHRF rating certificate for No-Flying-Sails. Otherwise, the Fleet Handicapper for the series in which the race is being sailed may adjust the yachts’ rating. All races in a series must be sailed under NFS rules under this provision. Yachts entered under PHRF-NFS Rules shall be scored a DSQ for any race in which flying sails are used.

Results will be scored on the basis of divisions and overall standings. In each instance, series scoring will be calculated as follows:

1st Place $\frac{3}{4}$ Points
2nd Place 2 Points
3rd Place 3 Points etc.

Penalty points:

DNS Did Not Start. Add 3 points to the number of starters of the race in question.

DSQ Disqualified. Add 2 points to the number of starters of the race in question.

DNF Did Not Finish. Add 1 point to the numbers of starters of the race in question.

Committee Boats will be scored by their finish average for that series. Committee Boats using a “Rabbit Start” must take their race finish score. Committee Boats for the Jack & Jill Race will not be scored.

The series score for a yacht is the sum of all individual race scores in the series with one throw out. If three or fewer races are sailed in a series, all races will be counted. No ties will be given for the series. In the event of a tie on points, the following criteria shall be used to rank the tied boats.

- a. If tied on selective points, the winner is the boat with less cumulative points.
- b. If tied on cumulative points, the winner is the boat most often scoring less points per race than all other tied, until each is ranked.

- c. If still tied, the winner is the boat scoring the least points in any one race, or if still tied, in any two races, etc., until each is ranked.
- d. If still tied, the winner is the boat scoring the least points in the last race, or is still tied, the next previous race until each is ranked.

17. Miscellaneous:

- * Yachts withdrawing from the race shall notify the Committee Boat of their withdrawal.
- * Yachts that have already started may sail through the start/finish line.

18. Safety: It is the obligation of each racing skipper to be familiar with and obey the rules of the road and applicable VTS regulations. Marine event committee boats are required to monitor the Puget Sound VTS working frequency (Channel 14). All event participants should consider monitoring the VTS frequency to be aware of commercial traffic movements in the area.

Marine event participants that operate in vessel traffic and shipping lanes should not impede the passage of deep draft commercial vessels. Deep draft vessels and vessels with tows have limited ability to change speed or direction. Marine event participants should maintain a recommended safe distance of at least ½ mile ahead and ¼ mile abeam of these vessels. In addition, military vessels are to be kept clear by a minimum of 500 yards in all directions. There is an absolute minimum clearance requirement of 100 yards for all military, tank and ferry vessels. Military vessels will take violations to this limit seriously.

A yacht in position where it may impede commercial traffic must exit from the “danger area” immediately, under power if necessary. If power is used, it must be reported to the Race Committee at the finish line. Also a written report must be made on a protest form showing the location, time, duration that power was used, speed and direction of exit and that the competitive position of the yacht was not improved. If the last item cannot be demonstrated adequately, a time penalty may be imposed. Important: In order to meet this requirement, your engine must be able to start promptly. If an outboard, it must be mounted and ready to start. Commercial vessels are asked to hold their course and sound a whistle signal the same as for restricted visibility (i.e., one prolonged blast or one prolonged and two short blasts when towing per 33 CFR 165.1301) at intervals of not more than one minute whenever they need more clearance for a safe passage. This allows the sailboat skipper to change course as required and makes possible a reasonable judgment of the commercial vessel’s course even when obscured by the sails of other boats.

*Radar reflectors are required.

*Navigation lights are required between sunset and sunrise.

19. Equipment: The items listed in the PIYA Special Regulations Governing Minimum Equipment and Accommodations Standards under Category III must be complied with. The skipper or owner must certify compliance with his/her signature on the equipment and standards list as described in the form. (Forms are available from the Fleet Captain or Race Committee). This must be signed and carried on board the yacht when racing.

CYCE RABBIT START

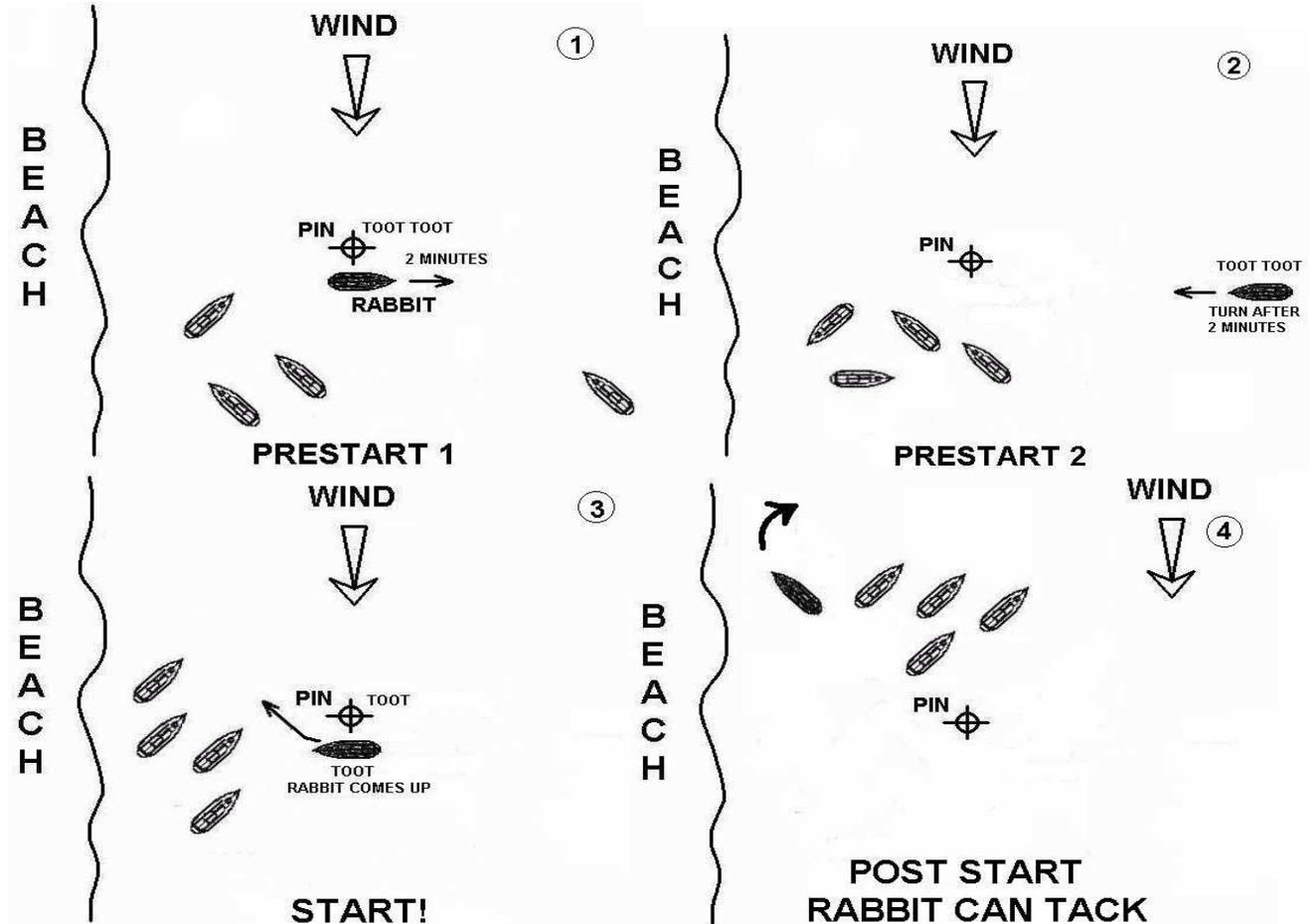
In an effort to get more boats racing, we are allowing Rabbit Starts. Rabbit Starts are permitted if there are 5 or fewer boats (including the rabbit) in the starting area at starting time. Rabbit Starts are simple. The Committee Boat is the "Rabbit" and flies the Rabbit



Start flag (shown at right). RABBIT START

The Committee Boat sets one pin. The 4-minute pre-start begins when the Committee Boat sails abeam the pin and blows 2 blasts on an air horn and reaches away (Fig 1 below). Sailing away for 2 minutes, she jibes and blows 2 more blasts and comes back toward the pin (Fig 2).

Get ready winners! When the Committee Boat is abeam the pin, she blows one last blast signaling the start of the race (Fig 3). Each skipper must check your watch and record the starting time! The Rabbit comes up hard on the wind and the fleet starts by crossing her stern. When the last boat crosses her stern, the Rabbit can tack (Fig 4). Sometimes the Rabbit's course is favored and boats will follow her in clear air to leeward. At some point the Rabbit must tack to avoid running aground or to sail a proper course to the mark. In these instances, the Rabbit need not wait for the following boats to cross her stern first. Take your finish time when you are abeam the start/finish pin. Your elapsed time is from when the Rabbit signals the start of the race to when you are abeam the finish pin. Your finish time must be turned in to the Committee Boat within 24 hours to be scored.



CYCE SPECIAL RACE INSTRUCTIONS FOR SUMMER SERIES

1. **Summer Series Sail restrictions:** We have no restrictions. However, our Club's tradition is to restrict use of flying sails (FS, i.e. spinnakers) during our Summer Series. PHRF ratings are adjusted upward for those boats that are rated with FS, for the Summer Series. We have adapted one important caveat. It is if a yacht uses a spinnaker in a Summer Series race, that yacht will be rated FS for the entire Series. Any yacht wishing to participate in the series that does not have an official PHRF rating can be assigned one for this series only. To obtain a temporary rating, contact the Club's Handicapper or Fleet Captain.

2. **Scoring:** Summer series scoring will be based on the best 6 races completed by a yacht in the race series. If the number of races in the series is 6 or less, all races will count towards the Summer Series overall trophies.

A yacht that has started over-early and failed to exonerate herself by re-crossing the line will have 15 minutes added to her elapsed time.

3. **Rules and Instructions:** Except as specifically noted in these special instructions, these races shall be governed by the current CYCE General Race Instructions.

4. Division Breaks and Starting Times:

Summer Series Races will start as set forth below.

Cruising Division	1830 hrs
Division I	1835 hrs (Yachts rated PHRF 181 or slower and cruising class)
Division II	1840 hrs (Yachts rated PHRF 180 or faster)

Cruising class boats must have any 2 of 3 items, fixed prop, roller furling or Biminis while racing.

5. Starting Sequence:

18:24	ATTENTION All Boats:	4-6 air horn blasts
18:25	WARNING Cruising Div:	Red flag up & 1 sound
18:26	PREPARATORY:	P flag up & 1 sound
18:29	ONE MINUTE:	P flag down & 1 long sound
18:30	START Cruising Division: WARNING Div 1	Red flag down, White flag up, & 1 sound
18:31	PREPARATORY:	P flag up & 1 sound
18:34	ONE MINUTE:	P flag down & 1 long sound
18:35	START Div 1: WARNING Div 2	White flag down, Blue flag up
18:36	PREPARATORY:	P flag up & 1 sound
18:39	ONE MINUTE:	P flag down & 1 long sound
18:40	START Div 2:	Blue flag down & 1 sound

See general instructions for flags and colors

6. **Time Limits:** Summer series races have a 2-hour time limit with a half hour extension when a yacht has finished within the 2-hour limit.

Courses: Same as General Instructions.

CYCE SPECIAL RACE INSTRUCTIONS FOR BUOY RACES

1. **Race Format:** Buoy Day Race will consist of 2 or 3 races.

2. **Scoring:** The results of a Buoy Day Race series will be scored as a single race in the season series. Although there are no throw-out races in the Buoy Day series itself, the day can be used as a throw-out race for the series in which it is sailed.

3. **Rules and Instructions:** Except as specifically noted in these special instructions, these races shall be governed by the current CYCE General Race Instructions.

4. **Starting Area:** Races will be held north of the Edmonds Ferry Dock.

5. **Division Breaks and Sailing Times:** Buoy Day Races will start as set forth below.

Division I 1100 hrs (Yachts rated PHRF 181 or slower)

Division II 1105 hrs (Yachts rated PHRF 180 or faster)

The starting sequence for the second and successive races will be given approximately 15 minutes after the last boat finishes from the preceding race.

6. Starting Sequence:

Warning: 4-6 air horn blasts approx a minute before 5 min 1st start sequence.

Preparatory 1055 hrs White Div I flag up and warning sound

1056 hrs P flag up and preparatory sound

1059 hrs P flag down and long sound

Div I Start 1100 hrs White flag down, Blue Div II flag up, starting sound

1101 hrs P flag up and preparatory sound

1104 hrs P flag down and long sound

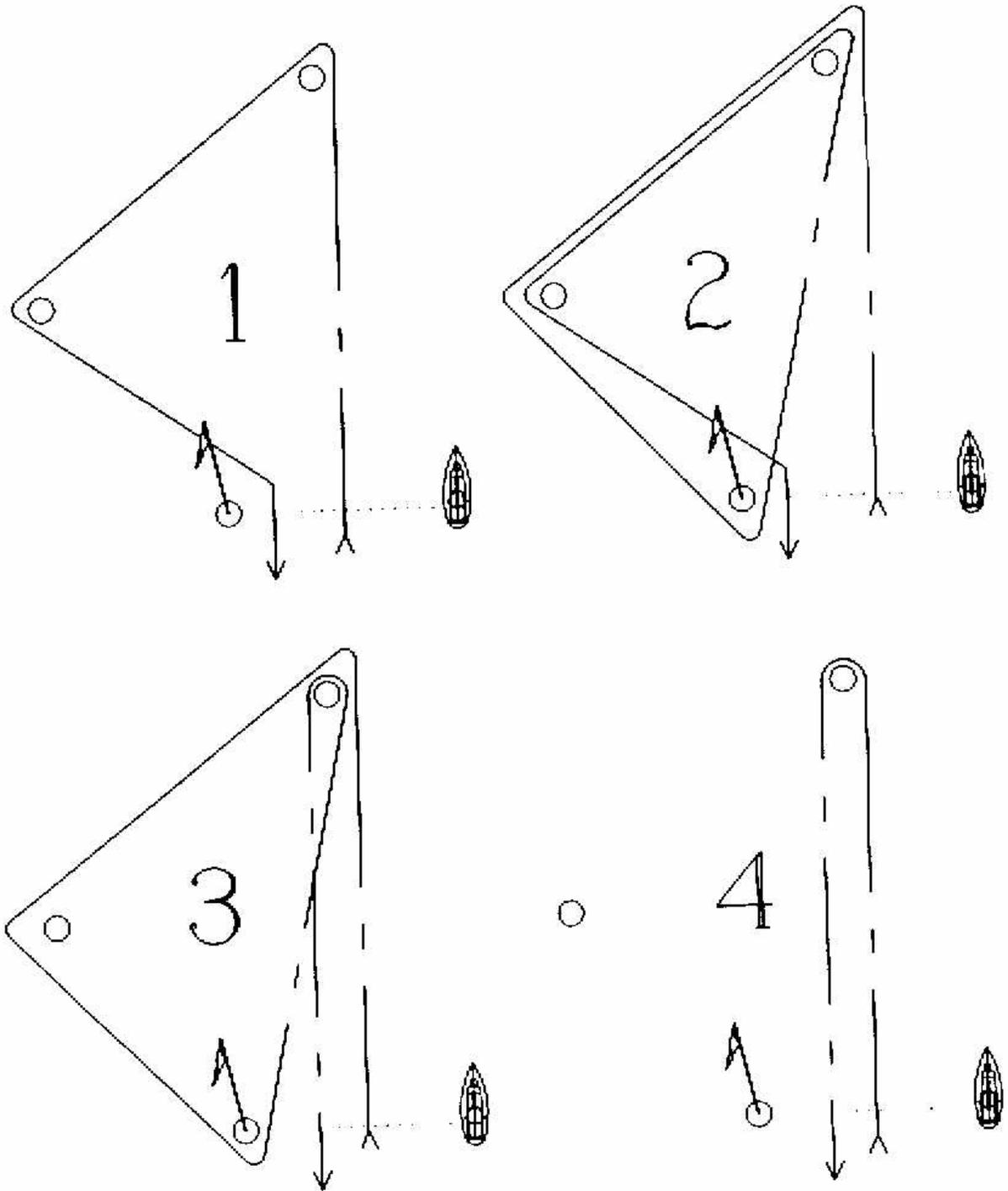
Div II Start 1105 hrs Blue flag down and starting sound

See general instructions for flag colors

7. **Time Limits:** Buoy Day Races have a 2 your time limit with a half hour extension when a yacht has finished within the 2-hour limit.

Courses: The buoy race courses are numbered 1 through 4 and are shown on the next page. All marks shall be left to port in a northerly wind and all marks will be left to starboard in a southerly wind.

1. CYCE BUOY RACE COURSES



Courses shown are for a northerly wind. Courses will be opposite and marks to starboard in a southerly wind.

Foulweather Bluff Race General Instructions

Registration and Eligibility

All yachts wishing to participate must have a FoulWeather Bluff entry form on file with CYCE and have paid the entry fee.

Rules

The race will be governed by the ISAF Racing Rules of Sailing except as amended by the General Instructions.

Safety

All yachts must be equipped with PIYA Category III equipment at all times. All Yachts must carry a radar reflector at least 13 feet above the waterline. In the event of adverse conditions it shall be the sole responsibility of each skipper to determine whether or not to start or to continue to race.

Occasionally, sailboat racing has resulted in injury or loss of life. All competitors in CYCE events participate at their own risk. It shall be the responsibility of the skipper to inform the crew of the risks of sailboat racing, to make sure they understand and accept those risks, to decide whether the crew is competent and adequate for the event, and to decide whether to start or continue in a race.

Monitor VHF CH 14 when in VTS lanes. Race Committee will monitor VHF CH 72.

Scoring System

Time on Time

Ratings

The PHRF Rating System will be used. Ratings must be current with the PHRF fleet to be valid. All ratings will be checked by the CYCE race committee. Any variance from a current PHRF rating must be approved by the CYCE handicapper.

Sails

A yacht wishing to temporarily use sails whose numbers are different than her own shall specify the temporary numbers on the entry form or otherwise inform the race committee.

Use of Engine

After her warning signal, any yacht using her engine may not start until 5minutes after turning off that engine. A yacht in position where it may impede commercial traffic must exit from the "Danger Area" immediately, under power if necessary. If power is used, it must be reported to the Race Committee at the finish line. Also, a written report must be made on a protest form, showing the location, time, duration of power use speed, direction of exit and that the competitive position of the yacht was not improved. If the last item cannot be demonstrated adequately, a time penalty may be imposed.

Starting Area

The starting area is the area within 200 feet of the starting line and its ends. A yacht may be disqualified by the race committee without notice if she is in this area after the warning signal of the first division and interferes with the start of another yacht.

Starting Sequence

The signal sequence for the first and subsequent divisions will be as follows:

Warning	5 min before start of division 1 – one horn, division flag up
Preparatory	4 min before start - one horn, prep flag up
	1 min before start - one long horn, prep flag down
Div Start	Start - one horn, division flag down, next division flag up

The warning signal for each succeeding division shall be made with or after the starting signal of the preceding division.

Recalls

It shall be the sole responsibility of each yacht to start properly. For individual recalls, the committee boat will promptly display flag X and hail the boat's sail numbers over the loud speaker.

A general recall shall be signaled by 2 audible signals and the First Substitute Pennant.

If a division has a general recall, the start clock will continue to run and the recalled division will re-start at the end of the sequence for all other divisions.

Subsequent divisions will continue to start at five minute intervals according to the original schedule.

Protests

Protests shall be made in accordance with ISAF Racing Rules 60-61. A protest shall be filed with the CYCE committee no later than one hour after the protesting yacht finishes, and will be heard as soon as practical, or when all yachts have finished. Protest forms will be available at the race committee boat after the race.

Alternate Penalties

The 720 Degree turns penalty described in ISAF Racing Rule 44 will apply.

Withdrawals

The skipper of a yacht that withdraws from the race must promptly contact the race committee **by radio (VHF 72)**, or otherwise inform the race committee boat of her withdrawal.

Time Limit

Each yacht shall have 8 hours from the start of its division to finish the race. Any yacht not finishing within the 8 hour limit shall be scored DNF.

Scoring System Awards

The *FoulWeather Perpetual Trophy* will be presented to the Yacht Club representative whose team of four yachts scores the least number of total points. One design division will be excluded. Scoring Points shall be awarded as follows:

- First Place – $\frac{3}{4}$,
- Second Place – 2,
- Third Place – 3, - etc. for each division.

FOULWEATHER BLUFF COURSES

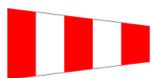
The race will start approximately .4 mile north of the Edmonds ferry dock. Course numbers will be posted on the Race Committee Boat, and will be preceded by the letters L and S to identify the Long and Short course designations. Normally, courses 1 and 2 will be designated. Alternate courses, including course 3, might be used for light wind conditions or in the event of a postponement. In all cases, the course posted on the committee boat for each division prevails.

Shortened Course Options

The race may be terminated at any mark of the course if the race Committee is at the shore side of any mark flying code flag "S" (Shorten Course Signal). In that case all classes shall finish between the mark and Committee Boat.



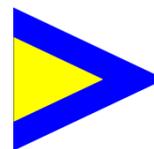
Shorten
Course



Postponement



Individual
Recall



General
Recall

COURSES:

1. ABCA
2. ABDA
3. ABA

THE FOLLOWING MARKS WILL BE USED FOR THIS RACE:

“**A**” - A temporary race mark (orange cyl.) approx. .4 miles north of the ferry landing

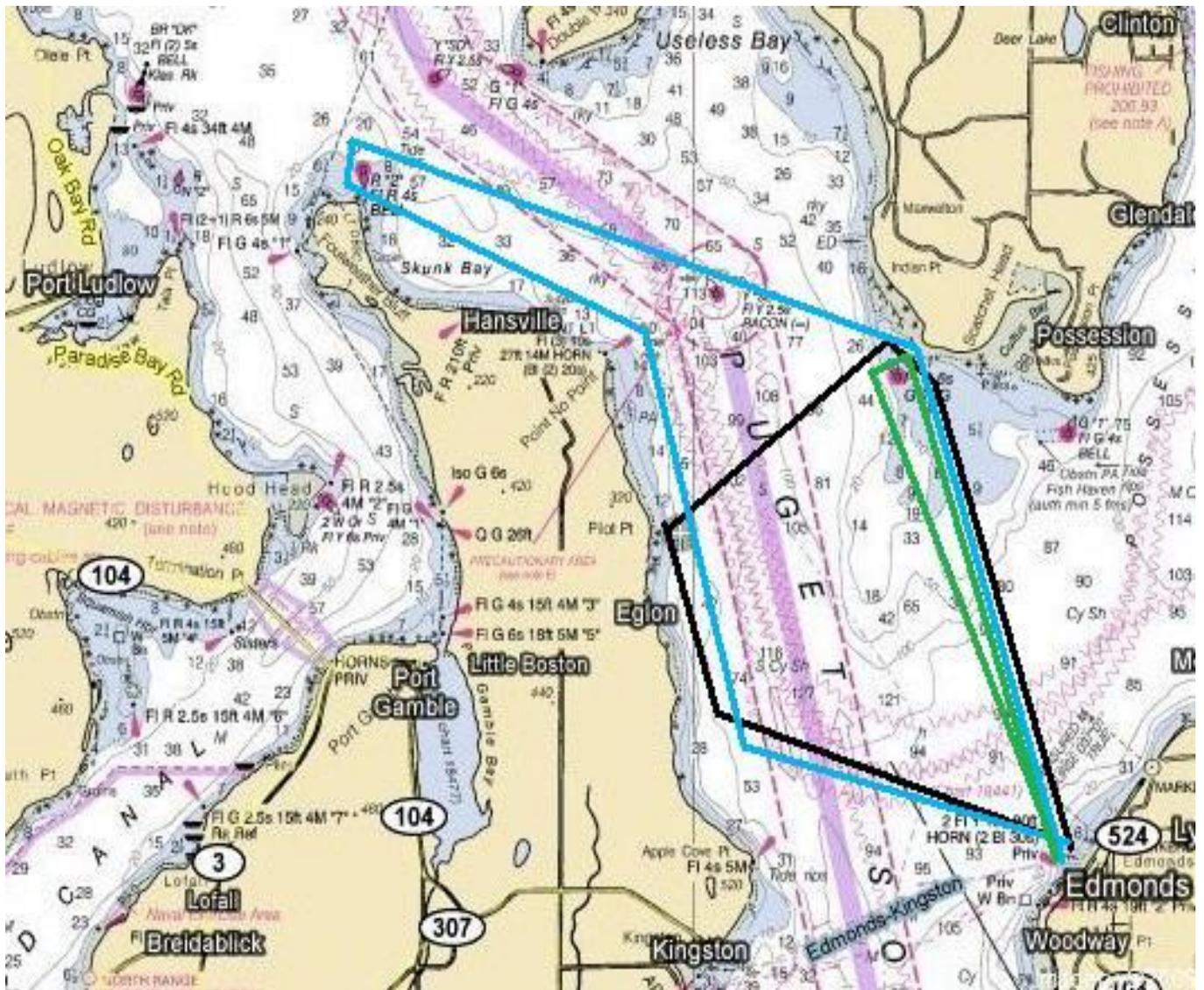
“**B**” - U.S.C.G. Buoy off Scatchet Head

“**C**” - U.S.C.G. buoy off Foulweather Bluff

“**D**” – A temporary race mark (orange pyramid) off Pilot Pt Appx. 47 52.8 N 122 30.5 W

ALL MARKS TO PORT

ALL MARKS TO PORT



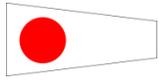
Coast Guard approved course routes

Blue line - Course 1 Start, Scatchet Head, Foulweather Bluff, Finish

Black line - Course 2 Start, Scatchet Head, Pilot Point, Finish

Green line - Course 3 Start, Scatchet Head, Finish

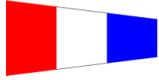
5min warning 9:55am



Number 1 Fleet 1 flag 10:00 start



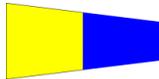
Number 2 Fleet 2 flag 10:05 start



Number 3 Fleet 3 flag 10:10 start



Number 4 Fleet 4 flag 10:15 start



Number 5 Fleet 5 flag 10:20 start



Number 6 Fleet 6 flag 10:25 start



Number 7 Fleet 7 flag 10:30 start



Number 8 Fleet 8 flag 10:35 start

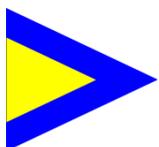


Number 9 Fleet 9 flag 10:40 start

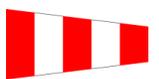


Number 0 Fleet 10 flag 10:45 start

Alternate/substitute Flags



First Alternate CYCE used as recall flag



Answering pennant CYCE uses as postponement flag

Maritime Signal Flags



A flag



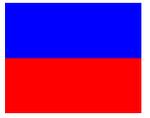
B flag



C flag



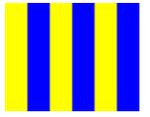
D flag



E flag



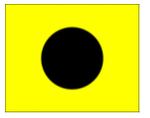
F flag



G flag



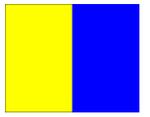
H flag



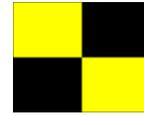
I flag



J flag



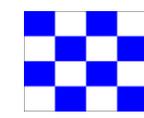
K flag



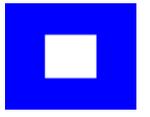
L flag



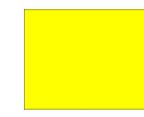
M flag



O flag



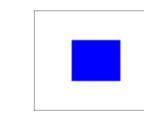
P flag



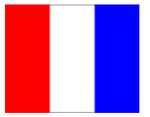
Q flag



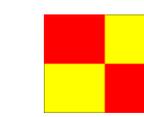
R flag



S flag



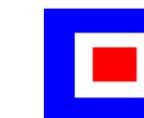
T flag



U flag



V flag



W flag



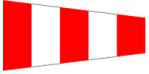
X flag



Y flag



Z flag



Answering pennant CYCE uses as postponement flag



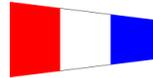
Number 0



Number 1



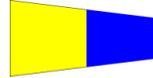
Number 2



Number 3



Number 4



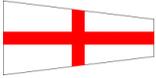
Number 5



Number 6



Number 7

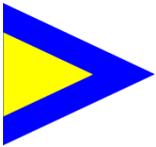


Number 8

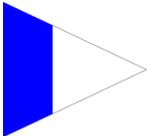


Number 9

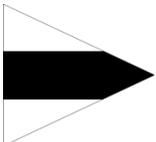
Alternate/substitute Flags



First Alternate CYCE used as recall flag



Second Alternate



Third Alternate